



# WESTMONT

2017 JIM KLEIN COMBINED EVENTS INVITATIONAL  
THURSDAY & FRIDAY MARCH 23RD & 24TH 2017

MEET SCHEDULE & COMPETITION INFORMATION FOR COACHES AND ATHLETES  
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## TENTATIVE MEET SCHEDULE / TIMETABLE

**\*\*Start times are set, all subsequent times are estimated\*\***

### DECATHLON SCHEDULE

| <u>THURSDAY MARCH 23RD</u>  | <u>FRIDAY MARCH 24TH</u>  |
|---|---|
| <ul style="list-style-type: none"><li>• 12:00PM - 100 METERS</li><li>• 12:45PM - LONG JUMP</li><li>• 2:10PM - SHOT PUT</li><li>• 3:30PM - HIGH JUMP</li><li>• 5:15PM - 400 METERS</li></ul> | <ul style="list-style-type: none"><li>• 10:00AM - 110 HURDLES</li><li>• 11:00AM - DISCUS</li><li>• 12:15PM - POLE VAULT</li><li>• 3:00PM - JAVELIN</li><li>• 4:30PM - 1500 METERS</li></ul> |

### HEPTATHLON SCHEDULE

| <u>THURSDAY MARCH 23RD</u>   | <u>FRIDAY MARCH 24TH</u>   |
|--|--|
| <ul style="list-style-type: none"><li>• 12:30PM - 100 HURDLES</li><li>• 1:30PM - HIGH JUMP</li><li>• 3:30PM - SHOT PUT</li><li>• 4:45PM - 200 METERS</li></ul> | <ul style="list-style-type: none"><li>• 12:00PM - LONG JUMP</li><li>• 1:30PM - JAVELIN</li><li>• 3:30PM - 800 METERS</li></ul> |

## COMPETITION FLOW

### DECATHLON / HEPTATHLON

Athletes will be seeded into LANED RACES based on personal best performances listed on All-Athletics.com or TFRRS. We are planning for one section of each event, but have the ability to use two long jump runways and two shot rings on day one. Each subsequent event will begin a minimum of 30 minutes after the previous event has concluded competition. One Discus ring, one Pole Vault pit and one Javelin runway will be utilized on day two of the decathlon.

### HEPTATHLON DAY TWO

Depending upon the total number of entries in each section, two Long Jump runways may be utilized. One javelin runway will be utilized for the heptathlon competition. Dependent upon number of entries/finishers the 800 meters will either be run in sections or waterfall.



# WESTMONT

## GENERAL INFORMATION

### COMPETITION REGISTRATION

Registration is now open on Direct Athletics, search for **Westmont Classic with Jim Klein Combined Events**.

### COMPETITION ENTRY FEES

Entry fees will be due prior to the start of competition. Entry fees will not be paid through Direct Athletics, and can be made on site at Westmont. Please make entry fee checks out to Westmont Track & Field. Entries are \$50 per athlete.

### COMPETITION IMPLEMENTS & CERTIFICATION

A limited number of throwing implements will be provided. Athletes are welcome to use implements on site, but are encouraged to bring their own. Decathletes not traveling with pole vault poles are also encouraged to make arrangements ahead of time. Implement certification will take place on DAY ONE for **both days** of competition. Coaches and athletes can drop implements off beginning Wednesday March 22nd. Please clearly mark your implements. Implement certification will take place in the morning prior to the start of the competition.

### WESTMONT CAMPUS & DINING COMMONS

Coaches and athletes are welcome to utilize the campus dining commons for breakfast, lunch or dinner during the competition week. A discounted meal rate is available for you on campus.

### HOTEL INFORMATION

The Westmont Athletic department and the Best Western Plus of Carpinteria have a partnership for discounted room rates for teams visiting to compete at Westmont. Carpinteria is approximately 10 miles south of Westmont's campus. When you call to reserve a room, please indicate that you are competing at Westmont College to receive a discounted rate. There are a number of dining options near the hotel located on Linden Avenue in downtown Carpinteria.

#### **Best Western Plus, Carpinteria**

4558 Carpinteria Ave  
Carpinteria, CA 93013  
Phone (805) 684-04